

Contact Us

LCRVHC: e-mail: lcrvhc.org@gmail.com
 web site: lcrvhc.org
facebook.com/lcrvhc
 BPC: e-mail: contactus@BPConservancy.com
 web site: BPConservancy.org
facebook.com/BridlePathConservancy

President's Letter

Dear Friends,

I am so excited for the time change! I am looking forward to being able to ride after work instead of only on the weekends. If you haven't renewed your membership yet, please do so, we will be dropping non renewals from the e-mail lists the end of April. 2016 membership forms are up on the web site and included in this newsletter. I will also have forms at the meeting so bring your checkbooks—You don't want to miss any of the fun. Upcoming for 2016 are a vaulting demo, a desensitizing clinic, driving fun with mini horses, something dog related, and maybe a team penning demo or program on adopting and retraining an off track thoroughbred. This club is what you make it. We need your ideas!

The Winter Party on January 23 was a lot of fun. The food was delicious. Kristin and Mark's house looked beautifully festive. And the Silent Auction raised over \$650 for the BPC. I acquired this sweet spirit horse ornament that Kristin made. Wasn't I meant to have it? Looks just like Homes—especially the big heart!



(President's Letter continued next page)

UPCOMING EVENTS

RIDING FROM THE SEAT: THE MOST IMPORTANT AND INVISIBLE OF AIDS
Thursday, March 24, General Meeting, 7 pm,
 Idlenot Farm, 188 Cow Hill Road, Clinton.
 Patricia Norcia and students will demonstrate.

DESENSITIZING CLINIC
Saturday, April 9 (raindate Sunday, April 10).
 Rough Draft Farm, 24 River Road, Clinton.
 Kristin Elliot Leas. Gain a new perspective on how your horse sees the world. Then build a better relationship by exposing him to scary obstacles and practicing techniques in desensitizing. Bringing your horse is not required. See flyer page 6 for details. A Volunteer Horse Patrol evaluation is available after the clinic by Lynda Perry DVM.

MEMBER-ONLY RIDES
Sunday, April 3. Pattaconk, Clip & Ride, Check and clean-up Quinimay Trail after winter. Bring your clippers or folding saw. RSVP to cymaronfarm@snet.net or on the lcrvhc facebook page.

Sunday, May 15. Weber Woods, Clip & Ride, Check and clean-up trails after winter. Bring your clippers or folding saw. RSVP to cymaronfarm@snet.net or on the lcrvhc facebook page.

COPPER HILL VAULTERS
Thursday, April 28, General Meeting, 7 pm, Baldwin Stables, 108 Cedar Lake Road, Deep River.

See calendar on last page for more!

* * * * *

Please remember when riding at Bluff Point, Hammonasset, Chatfield Hollow, and other State Parks: These parks are busy and get a lot of non-horse-friendly use. Be considerate. Pass walkers and other trail users slowly and respectfully. Do not ride where you see NO ANIMALS or NO HORSES signs posted. The boardwalks on the Shoreline Greenway Trail in Hammonasset, for example, are not horse safe. No horses are allowed on the beach at Hammonasset from April 1 to November 1. Horses are never allowed on the beach or in the picnic area at Chatfield Pond. PLEASE remove any manure from roads, trails, and beaches in State Parks. We want to keep these areas open to equestrians!

On high-use trails in the state forest, please dismount and kick/scatter manure off the trail so the kids don't walk in it and track it into Mom's SUV!

Remove all manure from parking areas and trail heads!

* * * * *

(President's Letter continued)

I'm sorry, I am just not a photographer at heart. I never remember to take pictures at the party! Other hotly contested auction items included gift baskets, a Sleigh Ride with Able the Amish draft horse, 5 hours of mechanical/home improvement services generously donated by Frank Kulick (and scored by Gloria Elliott who obviously plans to make great headway on Tom's honey-do list), a gorgeous handmade by Gloria necklace with antique coins and handmade beads, and much much more. Thank you to all who donated and bid. And to Kristin and Mark for hosting, and everyone who brought food and helped clean up. A good time was had by all.

The February General Meeting Tack Cleaning party happened to fall on a windy rainy night. The four of us who braved the weather sat around, drank wine, ate snacks, and reminisced. No tack was cleaned, this is a social club so we didn't even have to feel guilty. LOL. Thank you to Alyce Mallek for hosting.

The March board meeting was held on March 8. We reviewed year-end financials for both organizations, discussed the membership renewals (27 renewals, 6 new, to-date), went over some correspondence that needed response, and worked on the 2016 calendar. We really need your input on meeting programs. We want to have activities that our members will attend. Please e-mail your ideas to lcrvhc.org@gmail.com.

The February 20 Member-Only Ride scheduled for Bluff Point was postponed until March 6 due to a little snow that had fallen earlier that week possibly creating slick conditions. Joe Secondino, Gina McManus, Lynda Perry, and Lynda's friend, Kathy, riding Tanner, enjoyed about four hours of riding between Haley Farm and the beach side of the park. See photos on page 3.

The March Member-Only Ride was held at Machimoodus on March 12. Nine riders participated enjoying 60 degree weather and beautiful trails. Afterward we grilled hotdogs and enjoyed them along with sandwiches and desserts at the trailers. See photos on page 4. Going home was a bit of a challenge as the road leading to the Goodspeed Bridge was closed necessitating detours to either the Portland/Middle-town Bridge or I-95 Bridge. I just love going exploring in my horse trailer! Thank to Greg Dowler for managing my GPS and getting us home!

Please see the Upcoming Events box on the first page and the calendar on the last page for more activities. We are still looking for activities to fill out our calendar!

I hope to see you soon.
Melissa

Our deepest sympathy to Barbara White on the loss of her husband, Paul, in February, and to Gloria Elliott on the loss of her mother. May your memories of the love you shared help you through this time of sorrow.

Bluff Point and Haley Farm Member-Only Ride



Thanks to Joe Secondino and Gina McManus for the photos!

Machimoodus Member-Only Ride



Clockwise from top left: We ran into Rob Butterworth and Laurie Giannotti; the guys: Bill Schuyler, Howard Tunick, Joe Secondino; Karen Gallo cooks hotdogs; Greg Dowler eats them!; 3 Amigos; a brightly dressed group.

LCRVHC Board

President: Melissa Evarts
Vice-president: Chuck Sharples
Treasurer: Lynda Perry
Membership secretary: Alyce Mallek
At-large: Emma Saunders
At-large: Lynette Burns

BPC Board

President: Chuck Sharples
Vice-president: Kristin Elliott Leas
Treasurer: Dave Beaudette
Secretary: Marlisa Simonson
At-large: Tom Elliott
At-large: Rebecca Ziobron

Bridle Path Conservancy News

The LCRVHC Winter Party was a success with many people coming out for a social evening. The evening's excitement was a Silent Auction fundraiser for the BPC. Members generously donated goods and services. Competitive bidding kept people checking in on their favorite items and raising their bids right up to the very last second! Not only was it entertaining, but folks were able to take home some nice items. The best part of the event was it was a fun way to raise \$650 for the BPC. This money goes directly to trail improvements so we can all enjoy the trails.

It's tax time, remember the BPC is a nonprofit 501c3 and any donations are tax deductible.

A Friendly Reminder

The BPC is a non-member organization dependent on LCRVHC for manpower and inspiration! While we are grateful your support at the Silent Auction—a few hours of volunteer time would also be appreciated! If you can't make it to an official work party maybe you can take a walk and toss some branches and rocks off the trail. As you know, although we didn't get much snow this winter, what we did get was hard on the trees, creating much debris on all the trails. Hours spent in Weber Woods or on the Quinimay trail can and should be logged as Adopt a Park time. You may either report your time directly or let Chuck know. We would all rather be out riding but please bear in mind that it takes a lot of hours of political action with the state and towns to prioritize open space and the work to maintain the trails is never ending. The hunter pace which LCRVHC holds in Weber Woods each year pays the riding club's annual operating expenses. Please join us in our efforts. See the calendar for upcoming opportunities! I've highlighted some in red. Thank you

Content Wanted for Newsletter

Let us know what you are doing with your horse. Write a Meet the Member Bio of yourself or a friend. Send pictures of your horse, your adventures or show results, links to articles, tack picks, barn tips, whatever you want to share. E-mail lcrvhc.org@gmail.com.



Desensitizing Your Horse

Clinic with Kristin Elliott Leas

Sunday, APRIL 9, 2016, raindate April 10

10:00 AM – Noon

24 River Rd, Clinton, CT

Gain a new perspective on how your horse perceives the world. Then build a better trusting relationship with your horse by exposing him to all his worst nightmares.

Clinic format

- Discussion on horse psychology and behavior
- Watch and practice with “Hands on” demonstrations. Exposing your horse to scary obstacles and practicing techniques in desensitizing. (Bringing a horse is not required).

Great for first time clinic participants or those returning for more fun!

LIMITED SPACE...Enroll early. \$30 LCRVHC member or \$35 Non member, \$20 w/o horse

Bonus: A *CT Volunteer Horse Patrol* evaluation will be available following the clinic.

For more information: <http://cthorsecouncil.org/home/publications/trails/volunteer-horse-patrol>

For those interested in participating in evaluation, contact Lynda Perry at cymaronfarm@snet.net



Clinician Information: Kristin Elliott Leas

(860) 510-2262

EquineInsight@gmail.com

Name: _____ Phone Number: _____

Street: _____ Town: _____ Zip Code _____

Email Address: _____

Horse's Name: _____

Specific Issues? _____

Return:

- 1) Clinic Form 2) Release 3) Coggins and Rabies certificates 4) Check payable to: **Bridle Path Conservancy (Kristin is donating her time as a fundraiser for trails!)**

Send to: Alyce Mallek, 44 Jannas Lane, Madison, CT 06443 or alycemallek@yahoo.com



Equine Insight LLC

131 Pritchett Drive Westbrook, CT 06498

EquineInsight@gmail.com (860) 510-2262

EQUINE RELEASE, WAIVER, AND INDEMNIFICATION

The undersigned Participant, and his or her parent or legal guardian (if the participant is under the age of 18 years), does/does hereby execute this Release Waiver and Indemnification for himself or herself/themselves and his or her/their heirs, successors, representatives, and assigns, acknowledges the inherent risk involved in riding and working around horses, which risks include bodily injury from using, riding or being in close proximity to horses among other risks, and further that both horse and rider can be injured in normal use or in competition and schooling.

In consideration for the privilege of riding and working around horses with Equine Insight LLC, the undersigned Participant does hereby agree to hold harmless and Indemnify and further Release the Equine Insight LLC, Kristin Elliott Leas, its members, employees, agents, representatives, and those governmental agencies and other organizations affiliated with this activity from any and all liability, loss, damage, costs, claims and/or causes of action, including but not limited to all bodily injuries and property damage arising out of participation in the activity, it being specifically understood that said activity includes the handling of equines by the undersigned Participant or responsibility for accident, damage, injury or illness to Undersigned or any horse owned by me or to any family member or spectator accompanying the Undersigned on premises used by Equine Insight LLC.

I fully understand that horseback riding and being or working around horses are very dangerous activities. I execute this Waiver of my rights to sue and agree to assume all risks inherent in equine activities and have notice of all risks inherent in equine activities including (1) the propensity of an equine to behave in dangerous ways which may result in injury to the participant (2) the inability to predict an equine's reaction to sound, movements, objects, persons or animals, and (3) hazards of surface or subsurface conditions and riding over unknown terrain where hazards may be hidden by vegetation or development. I wish to participate in these activities knowing they are dangerous.

IN EXCHANGE FOR BEING PERMITTED TO PARTICIPATE IN THESE ACTIVITIES, FOR MYSELF, MY HEIRS, SUCCESSORS, REPRESENTATIVES, ASSIGNS AND LEGAL REPRESENTATIVES, I RELEASE AND AGREE NOT TO MAKE OR BRING ANY CLAIM OF ANY KIND AGAINST OFFICERS, DIRECTORS, MEMBERS, EMPLOYEES, OR GUESTS OR ANY LANDOWNERS, OR THE PERSONS MAKING PROPERTY AVAILABLE FOR ANY INJURY (INCLUDING DEATH), TO ME OR ANY DAMAGE TO MY PROPERTY WHETHER FROM ANYONE'S NEGLIGENCE OR NOT, OR ANY OTHER CAUSE, ARISING OUT OF MY PARTICIPATION IN THESE DANGEROUS HORSEBACK RIDING, CROSS COUNTRY HORSEBACK RIDING, OR RELATED ACTIVITIES; AND I ALSO AGREE IF ANYONE MAKES ANY CLAIMS BECAUSE OF ANY INJURY TO ME (INCLUDING DEATH), OR FOR ANY DAMAGE TO MY PROPERTY, I WILL KEEP ALL THOSE RELEASED BY THIS AGREEMENT FREE OF ANY DAMAGES OR COSTS BECAUSE OF THOSE CLAIMS.

FURTHERMORE, MY SIGNATURE HEREBY INDICATES MY AGREEMENT TO WEAR AN ASTM/SEI APPROVED HARD HAT AND APPROPRIATE BOOTS AT ALL TIMES WHILE RIDING WITH EQUINE INSIGHT LLC AND TO OBEY ALL RULES SET FORTH BY EQUINE INSIGHT LLC.

Print Name _____ Date _____

Phone _____ Cell _____

Address _____ Town _____ State _____ Zip _____

Email _____

Signature of Participant _____

Signature of parent or legal guardian for those under 18 years of age _____

DONKEY & MULE FESTIVAL

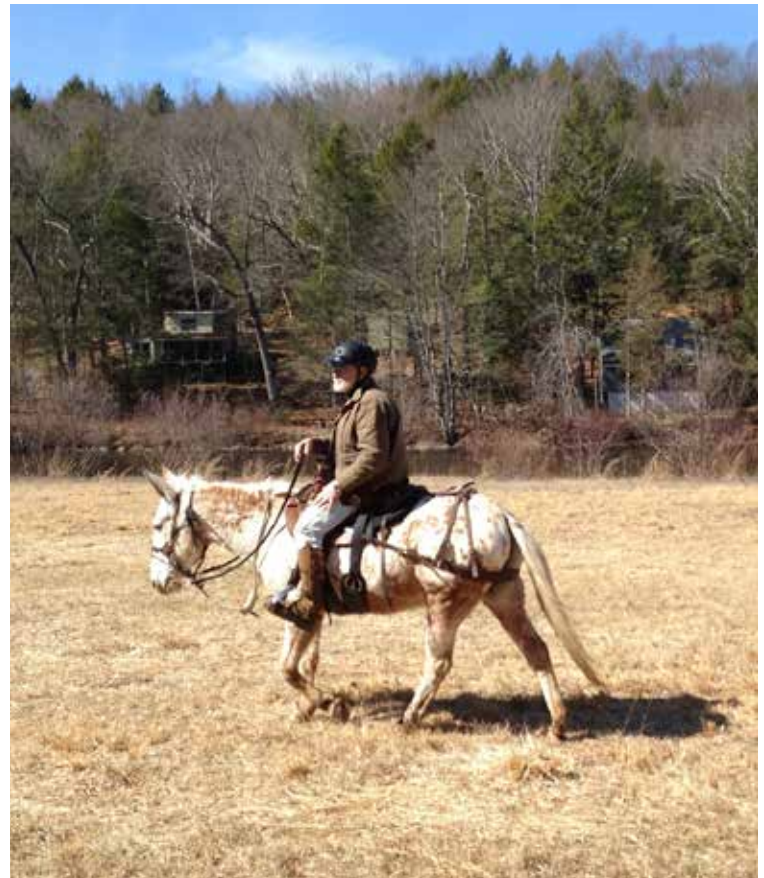


This year marks the 8th Annual Donkey and Mule Festival on Saturday, May 7th, from 10am-4pm.

Join us at the Little Red Barn at Bishop's Orchards for a family fun day filled with delicious food, facepainting, kids activities, vendors, and wine tastings.

For the actual festival, there will be twenty classes throughout the day, including halter, showmanship, coon jumping, costume, driving, riding, and obstacles.

The festival is **FREE ADMISSION** so please head over and spend the day with us!



Come cheer on the friendly rivalry between our mule riding members
Lynda Perry with Sparkle and Howard Tunick with Emma!



Equine Wellness Fair 2016

Save The Date!

Join Us at the Equine Wellness Fair 2016 at Ray of Light Farm!

You will spend the day on the farm exploring new and ancient alternative therapies applied to the Equine world.

Holistic nutrition, equine cognition & phobia, tai chi riding, Myo-fascial Release, yoga on horseback, classical French dressage, Equinosis lameness exam, bit fit, saddle fitting, homeopathic medicine, reiki, acupuncture, aromatherapy, going barefoot, preventative ulcer care, emergency response and much more!!

 Add to Calendar

 Share

 Tweet

 Forward

May 7, 2016
10am - 5pm

\$10 Earlybird
\$15 Day of Event

Ray of Light Farm
232 Town Street
East Haddam, CT

860-873-1895
[E-Mail](#)

Buy Tickets Now



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You are receiving this email because you are listed as a vendor who has or is working with Ray of Light Farm. If you do not wish to receive further emails regarding vendor related events, please unsubscribe.

Our mailing address is:

Ray of Light Farm
232 Town Street
East Haddam, Ct 06423

My apologies for the poor quality of this image, the links are not active because it is a screen shot of the e-mail we recieved. ME



Please fill in all information and sign and date the
Release and Waiver of Liability.
Mail completed page along with your payment to:
LCRVHC, P.O. Box 657, Killingworth, CT 06419

2016 Membership Categories

☐ Family \$25 ☐ Individual \$15

office use: Check amt. \$ #

☐ Enclosed is an additional amount of \$ _____ for our ongoing work to maintain and preserve trails.

☐ Enclosed is a separate check to the Bridle Path Conservancy in the amount of \$ _____ (tax deductible).

☐ Please contact me for volunteer help! (This is a working club and all members are encouraged to volunteer for committee chairs, trail maintenance, events organizing help and/or food donations.)

Name(s) _____

(For family memberships please include all names; use a separate sheet if necessary)

Mailing Address _____

City _____ State _____ Zip code _____

Telephone (home) (____) _____ (cell) (____) _____ (work) (____) _____

E-mail _____ New Member ☐ Renewal ☐

Release and Waiver of Liability

By signing this release and waiver, I understand that I am giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the Lower Connecticut River Valley Horsemen's Club, Inc. (hereafter referred to as LCRVHC), including but not limited to, the officers, members, participants, and landowners; for any injuries which I might sustain while horseback riding, driving, or attending/participating in any LCRVHC event or activity. I understand that I am indemnifying (holding harmless) any horse ridden, driven, loose, or handled by another and the owner or handler while so engaged in the event of an injury to myself, my property and/or others. It is my intent to give up all the rights provided by law and release the club, landowners, etc. (the releasees) from all claims for bodily injury, death, or property damage, including without limitation, claims arising in whole or in part from the releasees' own negligence. I do so knowingly and voluntarily. I further agree to pay all legal fees pertaining to this event, if any are incurred.

LCRVHC is committed to safety. It is a membership requirement that all participants wear a riding helmet meeting ASTM/SEI standards when attending mounted meetings and events.

For Club Membership:

Signature of primary member _____ date ____/____/____
(If a minor, a parent or legal guardian must sign)

Signature of Spouse _____ date ____/____/____
(for family membership, parent of minor child of divorced member, etc.)

For Taking Part in an Event:

Signature of primary member _____ date ____/____/____
(If a minor, a parent or legal guardian must sign)

Everyone must complete:

Emergency contact information

Name(s) _____ Telephone(s) (____) _____ (____) _____
_____ (____) _____ (____) _____

LCRVHC/BPC 2016 Calendar

Please think about the 2016 calendar. If you are interested in hosting a MO ride please contact Lynda Perry (cymaronfarm@snet.net). If you have an idea for a program or activity, a topic you would like to learn about or a skill to share, please e-mail lcrvhc.org@gmail.com or contact any board member. Meetings are at the Fire Museum behind 21 Copse Road, Madison, unless otherwise specified. It is always fun to go other places. LCRVHC has a Facebook page for member-only rides <https://www.facebook.com/lcrvhc>. Check it out! Note that Lynda has chosen a mix of Saturday and Sunday dates for rides this year to try and accomodate more schedules.

March

24: General Meeting, 7 pm. Riding from the Seat: The Most Powerful and Invisible of Aids, Patricia Norcia, at Idlenot Farm, 188 Cow Hill Road, Clinton
27: Easter

April

2: LCRVHC/BPC Work Party, Weber Woods, Spring Cleanup, chainsaw downed trees. Bring clippers and gloves, remember your Adopt a Park badges. Meet at 9 am at Messerschmitt's Pond parking area, Route 145, Westbrook.
3: MO Ride, Pattaconk, Clip & Ride and check Quinimay Trail after winter, contact Lynda Perry (cymaronfarm@snet.net)
9 (rain date 10): Desensitizing Clinic, CHC VHP Horse Evaluation at Rough Draft Farm, 24 River Road, Clinton, see flyer on page 6.
28: General Meeting, Copper Hill Vaulters at Baldwin Stables, 108 Cedar Lake Road, Deep River

May

5: BOD Meeting, 7 pm, if needed, location TBD
7: Donkey and Mule Show at Bishop's in Guilford
8: Mother's Day
8: CDCTA Show at Westbrook Hunt Club
14 (raindate 15): 9 am, Jump Building for Hunter Pace at Kristin's house, 131 Pritchett Drive, Westbrook
15: MO Ride, Weber Woods, contact Lynda Perry
26: General Meeting, tentative: Fun with Mini Horses by Carrie Wind

June

2: BOD Meeting, 7 pm, if needed, location TBA
4: National Trails Day, work party and picnic, no ride this year, I was not able to get a leader.
23: General Meeting, ??? looking for a dog agility program or some other general interest dog program or something horsey outdoors for one of the longest days of the year!
25: MO Ride, CLCT, contact Lynda Perry

July

No BOD Meeting unless needed
9: MO Ride, Hurd Park?, contact Lynda Perry
__: LCRVHC/BPC Work Party,
28: Summer picnic, 6 pm. Karen Gallo's house, 51 Thornhill Rd, Guilford. Club provides hotdogs and burgers and iced tea/lemonade. BYO beer or wine and a dish to share. Karen has a heated pool so bring your swimsuit and towel!

August

4: BOD Meeting, 7 pm, if needed, location TBA
27: MO Ride, Machimoodus?, contact Lynda Perry
__: LCRVHC/BPC Work Party
25: General Meeting, program

September

1 or 8: BOD Meeting, 7 pm, if needed, location TBA
11: Lord Creek Hunter Pace
25: MO Ride, Pachaug?, contact Lynda Perry
__: LCRVHC/BPC Work Party
22: General Meeting, _____

October

6: BOD Meeting, 7 pm, if needed, location TBA
23: MO Ride, Weber Woods, Clip & Ride and Mark Hunter Pace route, contact Lynda Perry
27: General Meeting, _____
29: LCRVHC/BPC Work Party, Hunter Pace prep
30: Hunter Pace

November

No BOD Meeting
__: Equine Affair
__: LCRVHC/BPC Work Party
__: MO Ride, Chatfield Hollow, Chili Ride, hosts Sue Davenport and Emmy Pavelka (RSVP S1Davenport@comcast.net)
No general meeting, Thanksgiving

December

No BOD Meeting
No General Meeting, Merry Christmas and Happy New Year
__: Christmas Progressive Ride, _____