

## Contact Us

LCRVHC: e-mail: [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)  
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web site: [BPConservancy.org](http://BPConservancy.org)  
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## President's Letter

Dear Friends,

I can't believe it's Labor Day already. The summer flew by but I feel like I didn't ride very much because it was so hot and humid. One Friday Lexy and I did make it over to Weber Woods for a ride then to Messerschmitts pond for a swim. I hadn't swum on horseback since I was a teenager. Fun!

### Some Recent Programs and Activities

On Saturday, July 21, LCRVHC held our second annual "Games Day" at Rough Draft Farm. We had a great turnout, welcomed several new members, and everyone had a blast. About a dozen horses and maybe 15-16 riders participated in various ways. Games included Sit-a-Buck,



(President's Letter continued next page)

## UPCOMING EVENTS

### SEPTEMBER MEETING

**Thursday, September 20, 7 pm, Fire museum.** Meet and greet with equine veterinarian Erin Trawick-Smith. Erin recently took over Dr. Frank Palka's practice so this is a good opportunity for any of his clients to meet her and talk about their equines *before* they need her. Bring a friend. All are welcome. Refreshments.

### LCRVHC FALL FESTIVAL HUNTER PACE

**Sunday, October 28.** Flyer and entry forms in this newsletter. Spread the word. The hunter pace pays for our insurance for the year. We had to cancel last year because of a storm so it's important that we get a good turnout this year. If you are going to another club's ride or event please take flyers. I can print some for you! If anyone can help me distribute at the Lord Creek pace, please let me know!

### HUNTER PACE WORK PARTY

**September 15.** Work party to clear/mow fields for hunter pace. Contact [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com).

### MEMBER-ONLY RIDE

**September 16.** Bluff Point/Haley Farm. Contact Lynda, [cymaronfarm@snet.net](mailto:cymaronfarm@snet.net).

### FALL AND WINTER ACTIVITIES

We really need insight from you, our members, as to what you are looking for from *your* club. Please, please, share your thoughts and ideas. Email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com) or come to any meeting or event. We want to have activities that you will be interested in and attend, on days that work for your schedule.

**See calendar on last page for more!**

\* \* \* \* \*

**Please remember when riding at Bluff Point, Hammonasset, Chatfield Hollow, and other State Parks: These parks are busy and get a lot of non-horse-friendly use. Be considerate. Pass walkers and other trail users slowly and respectfully. Do not ride where you see NO ANIMALS or NO HORSES signs posted. The boardwalks on the Shoreline Greenway Trail in Hammonasset, for example, are not horse safe. No horses are allowed on the beach at Hammonasset from April 1 to November 1. Horses are never allowed on the beach or in the picnic area at Chatfield Pond. PLEASE remove any manure from roads, trails, and beaches in State Parks. We want to keep these areas open to equestrians!**

**On high-use trails in the state forest, please dismount and kick/scatter manure off the trail so the kids don't walk in it and track it into Mom's SUV!**

**Remove all manure from parking areas and trail heads!**

\* \* \* \* \*

*(President's Letter continued)*

egg and spoon races, a pizza delivery relay (that was more exciting than expected!), a sock relay, pole bending races, a mug race, a version of soccer with a giant ball that Gina McManus supplied, and an attempt at broom polo, among others. We followed with hotdogs and a potluck picnic on my porch. Thanks to the awesome grounds crew who set up and helped with the games. And all who shared horses, played games, brought food, took pictures, and helped clean everything up! And thanks to Lexy's real mom, Sandy Delvecchio, for manning the grill while I got horses squared away. Lexy wanted to do it again before she went back to school but we ran out of summer! Definitely on the calendar for next year! The only bad thing about the entire day was, when Gina got home she tripped and broke her ankle, requiring surgery. Yuck. Best wishes for a speedy recovery. See pictures on pages 4-5.

Later the same evening Eagle Scout candidate Daniel Ruppenicker presented his plans for a bridge to be built on the proposed Quinimay South extension to BPC board members Bev Torell, Kristin Elliott Leas, and Tom Elliott, with Gloria and me representing the LCRVHC. We approved his project and it was actually completed on Saturday, August 25. See pictures on page 7.

On August 19, Nancy Palermo-Lee, Liz Kennedy, Lexy, and I rode at Hurd Park. Lynda Perry and Kathy Gifford didn't make it as they spent the morning searching for Lynda's new beagle, Heidi (now known as Hide-away Heidi) who had mysteriously disappeared just as they were getting ready. Luckily she reappeared—but she is still not saying where she was. Thanks to Lexy for leading the ride. And ladies, thanks for a fun ride and a great lunch under the pavillion. A few photos on page 3.

On Sunday, September 2nd, Nancy, Liz, and I worked on the hunter pace route at Weber Woods. There is still more to do so contact me if you can help.

Please see the Upcoming Events box on the first page and the Calendar on the last page for more activities. We still really need ideas for the calendar!

I hope to see you soon.

Melissa

PS 2018 membership is down. It's really a bargain. Only \$15 year for individual, \$25 for family. If you have friends you ride with or know people who are interested in trail riding with small groups or working on local trails, spread the word. And please, tell us what you want to do as a club!

### **LCRVHC Board**

President: Melissa Evarts  
Vice-president: Mary Wozniak  
Treasurer: Lynda Perry  
Membership secretary: Alyce Mallek  
At-large: Emma Saunders  
At-large: Lynette Burns

### **BPC Board**

President: Beverly Torell  
Vice-president: Kristin Elliott Leas  
Treasurer: Dave Beaudette  
Secretary: Marlisa Simonson  
At-large: Tom Elliott  
At-large: Nancy Palermo-Lee



# Hurd Park Ride



Liz took these pictures so there is no photo of her and Clover! I really must get better about taking photos!



Nancy sent me this photo of Liz and Clover taken at our impromptu work party at Weber Woods on September 2!



# Games Day





# Games Day



# Bridle Path Conservancy News

The BPC is always recruiting board members and trailworkers. If you are able and willing to serve the riding community in this way please contact president Beverly Torell ([bdtct@sbcglobal.net](mailto:bdtct@sbcglobal.net)). Thank You

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## A Friendly Reminder

The BPC is a non-member organization dependent on LCRVHC for manpower and inspiration! It is basically still LCRVHC's trails committee! We maintain the trails in Weber Woods and the Quinimay Trail. The hunter pace which LCRVHC holds in Weber Woods each year pays the club's annual operating expenses. If you can't make it to an official work party maybe you can take a walk and toss some branches and rocks off the trail. Hours spent in Weber Woods or on the Quinimay trail can and should be logged as Adopt-a-Park time. Wear your badges. Please report your time to Beverly Torell, [bdtct@sbcglobal.net](mailto:bdtct@sbcglobal.net). We would all rather be out riding but please bear in mind that it takes a lot of hours of political action with the state and towns to prioritize open space and the work to maintain the trails is never ending. Please join us in our efforts. Thank you!

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**Greetings to all.**

**I hope everyone has had some sort of adventure this summer.**

**Last update I gave was about the bridge to be built by Eagle Scout candidate, Daniel Ruppenicker. We accepted his proposal and gifted him a wee bit more than half of the costs for materials needed to complete the task. The work parties, which included other scouts and friends, were a huge success. The bridge is in place over a stream on the proposed Quinimay South trail, on Westbrook town property, near Chittenden Hill and Route 145 in Westbrook. Thank you to all who were involved to help fulfill part of our mission statement; to cooperate with other groups to create opportunities to facilitate and preserve equestrian activities which complement the environment.**

**This bridge will be accessible to horses, bikers and hikers.**

**Peace\*Bev**

### TRAILWORK HELP NEEDED

Spring and summer storms took down a lot of trees and branches in the Weber Woods trail system. We have been working to clean up and get ready for the fall hunter pace. If this is something you can help out with please email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com) and we can schedule a work party. THANK YOU



# Eagle Scout Bridge Project



Eagle Scout candidate Daniel Ruppenicker (in orange shirt) with the assistance of several members of his troop (and some scout dads) completed this bridge, with financial support from the Bridle Path Conservancy, plans and guidance by Tom “The Bridge Builder” Elliott. Rebecca Russell, Gloria Elliott, Mark Leas, Kristin Elliott Leas, Melissa Evarts, and Dan’s mom, Megan Ruppenicker, also helped and provided moral support.

Thanks everybody.



# Horses As Trail Users

by Chelle Grald, Green Mountain Horse Association

Horses are the only means of transport into the wilderness that has a mind of its own.

July 02, 2018

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The outside is good for the inside of everyone. Whether we get onto the trails with our feet, skis, wheels, or hooves, the most important thing is that we help each other to get there. Different trail users have varied goals, needs and impacts, so thought and planning are needed to accommodate everyone. In our quest to understand each other and work together effectively, we will have to learn new things and keep our minds open.

This article is for trail users who don't use equines (horses, donkeys, mules) as their means of transport. My hope is that it will help you to respect and appreciate what is unique about the horse-human partnership as a means of transport into natural places. If you are an equestrian, my hope is to help you to articulate your reasons for being on the trail to others who may not understand or may be trying to restrict your access.

## The Vehicle That Thinks

Horses are the only means of transport into the wilderness that has a mind of its own. Because they are large animals with finely-tuned instincts, they can become frightened enough to override their training and in that state become a danger to their rider, themselves and anyone else involved or nearby. This makes equestrians a 'vulnerable user' requiring understanding and consideration. Trail etiquette rules specify that other users yield to horses when they are encountered on the trail. This is for everyone's safety. On the other hand, remember that horses can be trained to charge cannons and are very effective in policing riots. With thoughtful training, they can adapt to most anything. With consideration and education, there is no good reason why horses can't share suitable trails with both bicycles and ATVs.

## Silent and Environmentally Friendly

Horses don't have loud motors and don't consume fossil fuels. Owners of horses inherently help to make the landscape more beautiful by purchasing large tracts of land, keeping it open and providing a local market for hay and wood shavings that keeps land open and forests managed.

## No Rear View Mirrors

Horses have a blind spot directly behind them and directly in front of them, though they have unusually good peripheral vision. This means that if you approach them from behind silently, they will easily be startled. This also means that they will turn their head and neck to see things directly in front, positioning their body sideways to flee quickly if alarmed. When startled, horses do not move in a straight line but rather in a zigzag pattern. This is instinctive as a way to evade predators. This means that passing them at speed puts YOU in great danger. A scared horse is more likely to land right on top of you than to run away from you.

## Domesticated

Horses like people. People feed them and care for them. They put an amazing amount of trust in humankind. If you encounter

a horse on the trail, your job is to identify yourself as human. A horse doesn't automatically identify a whizzing bicycle as a human, nor does it identify a person with a large backpack or pushing a baby carriage as a human. A helmet and goggle clad ATV or motorcycle rider looks even less like a human to a horse.

Speak! Announce your presence and talk to the horse and its rider. Stop and let the horse study you. Be friendly and relaxed. Give the horse enough time to recognize that you are just a human that looks a little different. Avoid doing anything that makes you seem predatory. Predators approach at speed. Predators are silent. Predators hide behind things.

## Four on the Floor

Horses have four feet. Those feet are designed to dig into the ground to provide traction. Sometimes their feet are shod with metal for protection. They weigh about 1,000 lbs. This means that horses will have more impact on the trail surface, particularly in wet areas, than an individual hiker or biker.

An Outdoor Industry Association study in 2003 estimated that nationally there are 73.3 million hikers (57% of the total), 43.1 million single track mountain bikers (25% of the total) and 4.3 million equestrians (7% of the total) with the remainder in various other uses, such as trail running. Most studies indicate that trail damage by mountain bikers is somewhere in between that of hikers and horses.

So, if the trail traffic on a given day equals 57 hikers, 25 bikers and 7 horses, which user group is doing the most damage? This is why, in virtually every mixed use trail reference in the nation, the horse has been defined as a passive, low impact or light weight user, even in the most sensitive environments. Their unique feet give them great traction on grass and dirt, but they tend to slip on pavement or flat rocks.

## Native Guides

As grassland herd animals, horses are designed to cover terrain efficiently and continually. Traveling on trails is natural for them and most enjoy it. They are remarkably sure-footed and strong. Horses can negotiate steep slopes, ford streams and pick their way through rocky areas. They can go almost anywhere a hiker can go that doesn't require hands to climb.

## Wide Bodies

The average horse is about 1.5 the width of the average person, with a leg at each corner. This means that horses need a wider trail tread than hikers or bikers. A tread width of three feet is the minimum. Four feet is ideal. It is good to have some cleared area to the right and left of the trail tread to provide for trail yielding and passing whenever possible. In general, horses do not like to be in tight spaces and may not tolerate being in close quarters with other horses that they don't know.

## They Walk and Poop at the Same Time

Horses can defecate while motoring down the trail. This means that their riders, who are facing the other end of the horse, will not always know when they do it. Because horses don't have rear view mirrors, it is unfair to expect their riders to know every time and dismount to clear it off the trail. It is reasonable to expect horse owners to clean up after their charges in the trail heads, parking lots and other gathering areas where the riders are not moving forward. Horse manure breaks down very quickly and



repeated studies have shown that it is not hazardous to humans or other wildlife and no more likely to carry invasive plant species than the soles of feet or bicycle tires.

### **They Walk on the Wild Side**

As prey animals, horses are not seen by wildlife as a threat. Their footfalls identify them as harmless members of the animal kingdom. Their presence is far less disturbing to wildlife than humans on foot, bicycle or on motorized vehicles. Dogs, whether on or off leash, are seen as far more threatening to wildlife.

### **Water Crossers**

Horses can easily cross water up to 3 feet deep as long as the currents are not too extreme. They can cross bridges, but they need to be built wide and solid enough, with no large cracks that can catch their hooves. Horse trails should have some non-bridge crossings, so that horses can drink along the trail.

### **Tall Walkers**

A rider on a horse sits about 10 feet in the air. This means that they may have a longer field of vision than a hiker or biker. Trails should be designed with this in mind. Signage should be placed higher for better visibility by all users. Also, horse trails need to be cleared vertically to a taller height. Because of this height, equestrians with hand-clippers can do a great job of keeping the vertical space of the trail open.

### **Mobility Enhancers**

Not everyone can enjoy the backcountry without some transportation help. Horses help those with physical challenges that prevent them from hiking, biking or cross-country skiing to enjoy a day in nature. Horseback riding is classified as moderate exercise, particularly good for strengthening the core and enhancing flexibility. The activity required to care for horses is also healthy for their owners.

### **Companions and Friends**

Horses and their riders enjoy a relationship, mutual respect and love. Studies have documented the benefits of this relationship as a healer of trauma, developer of emotional resiliency and other good character traits. Horses and horseback riding are used as therapy for veterans suffering from PTSD, troubled kids, prisoners and more. Riders enjoy their horse's company and vice versa. The trails are where they share that time in a peaceful setting. It is natural for a horse to cover miles of terrain every day. It is not natural for them to go in circles in an arena, though they do it for their owners. Trails are good for the horse, too.

### **Horses Are Our Heritage**

From Paul Revere's midnight ride to the wagons going west. From the Erie Canal Towpath to the Pony Express. Horses lived and died beside us as our nation was built. There are 10 million horses in the U.S. and about 2 million horse owners. Mostly, horses are owned and loved purely for the joy of riding and knowing them, though some work for their oats, in racing, agriculture and law enforcement. Horse ownership and use contributes over \$100 billion to the national economy. It is a strong supporter of rural life, bringing jobs, business and tax revenue to small towns everywhere.



There will never be more horses on the trails than the other user groups. The economics of owning horses and the sacrifices involved will keep their numbers modest. But the horse-human partnership is a unique and beautiful way to access nature. It has firm roots in our past and deserves a place in our present and future.

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Chelle Gald is the Trails Manager at the Green Mountain Horse Association in South Woodstock, Vermont, where she oversees a network of multi-use trails covering over 400 linear miles and manages several organized trail competitions each year. She is also the Vermont State Trails Advocate for the American Endurance Ride Conference, an AERC certified Trail Master and is active with the Vermont Horse Council and the Trails Committee in her home town of Weathersfield, Vermont. She enjoys and appreciates all forms of trail recreation and actively participates as an equestrian, trail runner, hiker, skier and ATV user.

*Thank you to Nancy Palermo Lee for sending and getting permission to reprint this article.*

Please post

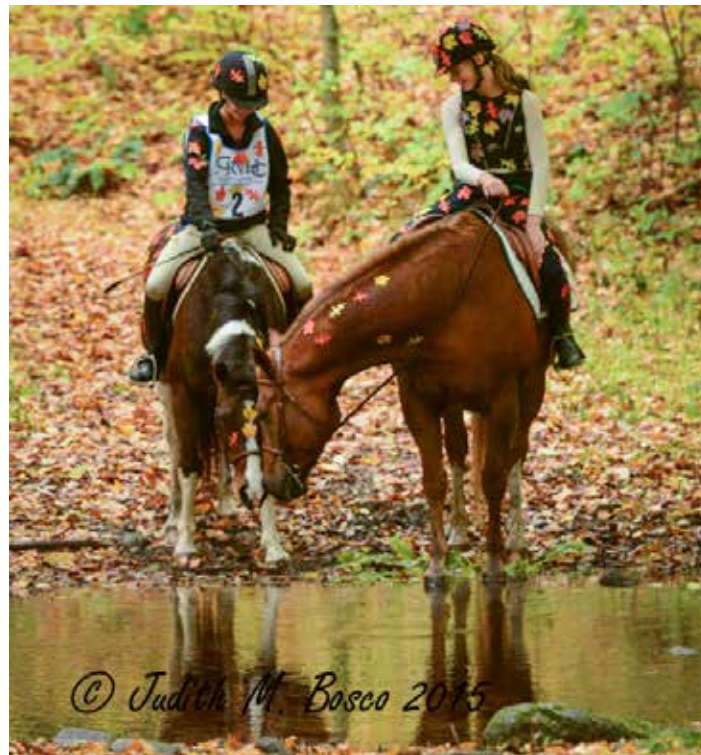


# Fall Festival Hunter Pace

and

Silent Auction to benefit the Bridle Path Conservancy's work to maintain this trail system, donations welcome.

## Sunday, October 28, 2018



Weber Woods section of Cockaponset State Forest  
Starts from 98 Stevenstown Road, Deep River, CT

Ride starts at 9:00 am

Entry forms & info at [www.lcrvhc.org](http://www.lcrvhc.org)

Additional info: [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com) or 203-915-3622

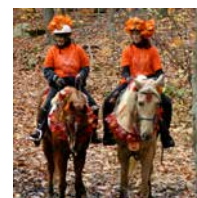




*Prizes for Best Costumes!*

## FALL FESTIVAL HUNTER PACE

Sunday, October 28, 2018



**TIME & PLACE:** NOTE: All trailers park in one location. No road crossings!

**98 Stevenstown Rd., Deep River, CT 06417. Ride starts at 9:00 am**

*Check in starts 8:30 am. Must be checked in and on trail before 10:30 am to be included in placings.*

**COURSE:** Trails through Weber Woods section of Cockaponset State Forest. ~9 miles.

Terrain is varied: Open fields, flat stretches through the woods and a few hills. Jump course is optional.

**TEAMS:** 2 (max. 3) riders per team. If you are alone we will try to match you up with another rider.

**DIVISIONS:** Hunters (timed, competitive riders) and Hackers (timed, leisurely riders).

All riding disciplines welcome. Please indicate on the entry form which division you are entering.

The winning team in each division will be the team that completes the course closest to the perfect "fox-hunting" time as predetermined by officials. Places first through sixth get ribbons. A prize will be given for the best costume.

**SAFETY:** Safety helmets and footwear with heels are required! Chin strap required. Horses must be sound, and all equipment must be in good repair. A safety check will be made prior to the ride.

If tack and mount are considered unsafe, the entry fee will be refunded (less \$12).

**DIRECTIONS:** From I-95 Take exit 64, Rt. 145/Horsehill Rd. exit. Go north onto 145. Go 4.0 miles and turn **LEFT** (other side from past years) into driveway. Look for signs and drive to parking areas.

From Rt. 80 Head South onto Rt. 145/ Stevenstown Rd. Go 0.4 miles and turn **RIGHT** (other side from past years) into driveway. Look for signs and drive to parking area.

**ENTRY INFO:** Deadline for entry is **Oct. 24, 2018. Entry fee is \$45** (\$40.00 for LCRVHC members).

**Entries will be accepted from Oct. 24 - 28 if space is available at \$55** (\$50.00 for LCRVHC members).

Checks (made out to LCRVHC) must accompany the entry form.

*\$12.00 not refundable. We have a commitment to the caterers in advance of the event.*

Rain date will only be used if severe storms are predicted a few days in advance.

**For more info email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com) or call 203-915-3622**

*Entry forms are also available at [www.lcrvhc.org](http://www.lcrvhc.org).*

A negative Coggins and Rabies certificate are required. Please include with your entry form.

**FOOD:** Lunch is included in entry fee.

Indicate choice of sandwich on entry form.



*Please send in the entry form on the next page*

# 2018 LCRVHC Fall Hunter Pace Team Members Entry Form

**Team #**

Send this entry form, check (made out to LCRVHC), rabies certificate, and negative coggins to:  
**Melissa Evarts, 24 River Road, Clinton CT 06413**

Team Name:	___ Hunter ___ Hack	Payment amount included: \$ _____
Rider 1 Name:	Rider 2 Name:	Rider 3 Name:
Horse Name:	Horse Name:	Horse Name:
Address:	Address:	Address:
City:	City:	City:
State: Zip:	State: Zip:	State: Zip:
Telephone:	Telephone:	Telephone:
Email:	Email:	Email:
Sandwich Choice: ___ Turkey ___ Roast Beef ___ Veggie	Sandwich Choice: ___ Turkey ___ Roast Beef ___ Veggie	Sandwich Choice: ___ Turkey ___ Roast Beef ___ Veggie

**Release and Waiver of Liability Agreement** \*Pursuant to the Connecticut House Bill No.6357 Public Act No. 93286, I acknowledge the inherent risks involved in riding, working around or being in close proximity to horses, which risks include bodily injury to either horse or person. By signing this release and waiver, I understand that I am giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the Lower Connecticut River Valley Horsemen's Club, Inc. (hereafter referred to as LCRVHC) including but not limited to the officers, members, participants, volunteers, and landowners for any injuries or damage which I or my family might sustain while horseback riding, or attending/participating in this LCRVHC event. I am also giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the LCRVHC including but not limited to the officers, members, participants and landowners for any injuries or damage which my property or property in my possession might sustain while I am horseback riding, or attending/participating in this LCRVHC event. It is my intent to give up the rights provided by law and release the LCRVHC including but not limited to it's officers, members, participants, volunteers and landowners, (the release's) from all claims for bodily injury, death or property damage, including without limitation, claims arising in whole or in part from the release's own negligence. I do so knowingly and voluntarily. I further agree to pay all legal fees, if any are incurred. \*I also understand that the landowners of the land on which we travel, park, cross or prepare or wait for any part of the event, receive no part of the fees charged for this event and that they are not paid by the LCRVHC for the use of their land. \*This release and waiver of liability claim has been read carefully and clearly represents my intent by signing it. If rider is a minor (under 18 years of age) parent must sign

***MUST be signed by Rider(s) or by Parent or legal Guardian if under 18.***

*I have read and agree to the Release and Waiver of Liability Agreement*

**Signature 1:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

**Signature 2:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

**Signature 3:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

## ***Internal Club Use Only***

Number of Riders: [ ] 1 [ ] 2 [ ] 3

	Name 1:	Name 2:	Name 3:
Payment: Total \$	\$ Check #	\$ Check #	\$ Check #
Entry Form Release (s) Signed:	[ ]	[ ]	[ ]
Current Coggins Form	[ ]	[ ]	[ ]
Current Rabies Form	[ ]	[ ]	[ ]





Please fill in all information and sign and date the  
Release and Waiver of Liability.  
Mail completed page along with your payment to:  
LCRVHC, P.O. Box 657, Killingworth, CT 06419

## 2018 Membership Categories

☐ Family \$25    ☐ Individual \$15

office use: Check amt. \$    #

☐ Enclosed is an additional amount of \$ \_\_\_\_\_ for our ongoing work to maintain and preserve trails.

☐ Enclosed is a separate check to the Bridle Path Conservancy in the amount of \$ \_\_\_\_\_ (tax deductible).

☐ Please contact me for volunteer help! (This is a working club and all members are encouraged to volunteer for committee chairs, trail maintenance, events organizing help and/or food donations.)

Suggest a program, ride or activity you would attend if the club offered \_\_\_\_\_

Name(s) \_\_\_\_\_

(For family memberships please include all names; use a separate sheet if necessary)

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Telephone (home) (\_\_\_\_) \_\_\_\_\_ (cell) (\_\_\_\_) \_\_\_\_\_ (work) (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_ New Member ☐ Renewal ☐

### Release and Waiver of Liability

By signing this release and waiver, I understand that I am giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the Lower Connecticut River Valley Horsemen's Club, Inc. (hereafter referred to as LCRVHC), including but not limited to, the officers, members, participants, and landowners; for any injuries which I might sustain while horseback riding, driving, or attending/participating in any LCRVHC event or activity. I understand that I am indemnifying (holding harmless) any horse ridden, driven, loose, or handled by another and the owner or handler while so engaged in the event of an injury to myself, my property and/or others. It is my intent to give up all the rights provided by law and release the club, landowners, etc. (the releasees) from all claims for bodily injury, death, or property damage, including without limitation, claims arising in whole or in part from the releasees' own negligence. I do so knowingly and voluntarily. I further agree to pay all legal fees pertaining to this event, if any are incurred.

LCRVHC is committed to safety. It is a membership requirement that all participants wear a riding helmet meeting ASTM/SEI standards when attending mounted meetings and events.

### For Club Membership:

Signature of primary member \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(If a minor, a parent or legal guardian must sign)

Signature of Spouse \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(for family membership, parent of minor child of divorced member, etc.)

### For Taking Part in an Event:

Signature of primary member \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(If a minor, a parent or legal guardian must sign)

### Everyone must complete:

Emergency contact information

Name(s) \_\_\_\_\_ Telephone(s) (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
\_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

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## LCRVHC/BPC 2018 Calendar

Please think about the 2018 and 2019 calendars. If you are interested in hosting a MO ride please email Lynda Perry, [cymaronfarm@snet.net](mailto:cymaronfarm@snet.net). If you have an idea for a program or activity, a topic you would like to learn about, a skill to share, or would like to host the winter party, please email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com). Meetings are at the Fire Museum behind 21 Copse Road, Madison, unless otherwise specified. It is always fun to go other places. Consider hosting a meeting or social event at your home or farm. LCRVHC has a Facebook page for member-only rides: <https://www.facebook.com/lcrvhc>. Check it out! We have included some local events from other organizations in our calendar so we can work around them.

### September

15: BPC work party, mow/weedwhack fields for hunter pace, contact [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)  
16: Member-only ride, Bluff Point, contact Lynda  
20: Meet and greet Equine Veterinarian Erin Trawick-Smith, 7 pm, Fire Museum.  
30: Lord Creek Hunter Pace

### October

7: CDCTA Dressage/2-phase at Westbrook Hunt Club  
12-13: Jumping Derby at Horsepower Farm  
21: BPC Work Party, Clip & Ride & Mark Hunter Pace course, contact [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)  
25: General meeting, last minute hunter pace details, rhythm bead making?  
27: Set up for HP  
28: Fall Festival Hunter Pace/Silent Auction/Raffle

### November

8-11: Equine Affaire  
11: Annual Chili ride, Chatfield Hollow, contact [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)

### December

Christmas Progressive Ride-date and location TBD, maybe CLCT Kenilworth Forest and brunch at Rough Draft Farm, unless someone has a better idea

### January

Winter Holiday Party-date and location TBD

### Other ideas:

Horse camping  
Touch a tractor Event-Liz Kennedy, June 2019  
Goddard Park Ride-Jane Samuels

### Cares and Concerns

Healing thoughts to **Gina McManus** and **Barbara White**.

Gina is recovering from a broken ankle and Barb is recovering from a leg injury sustained in a fall down the stairs. Also condolences to Barbara on the loss of her brother.

Hugs for **Lisa Reneson** on the loss of her mare Talulah.



"You gave so much to me. You carried me with your beautiful, strong body. You lifted my confidence to new levels. You gave me so much joy, EVERY SINGLE DAY. I hope you felt my love in return."

## Content Always Wanted for Newsletter

Let us know what you are doing with your horse. Write a Meet the Member Bio of yourself or a friend. Send pictures of your horse, your adventures or show results, links to articles, tack picks, barn tips, whatever you want to share. E-mail [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com).