



September/October 2016

Lower Connecticut  
River Valley Horsemen's Club

**Contact Us**

LCRVHC: e-mail: lcrvhc.org@gmail.com

web site: lcrvhc.org

facebook.com/lcrvhc

BPC: e-mail: contactus@BPConservancy.com

web site: BPConservancy.org

facebook.com/BridlePathConservancy

**President's Letter**

Dear Friends,

Labor Day. Back to school. And crisp fall days for riding. Autumn is my favorite season. This newsletter includes the Hunter Pace flyer and entry. Please share them. Print an extra one or two for your local feed store or barn. If you go to another hunter pace, bring copies of our information and spread the word. We get most of our new riders by word of mouth and the HP is our only annual fundraiser. Thank you.

We are looking for hosts and locations for our Christmas Progressive Ride and the Holiday Party. If you and a friend ride out to meet each other and trail ride and either of you have room to park some trailers, please consider hosting this ride. If your house has space for a party and some parking and you like low-key, potluck entertaining we would be so grateful. If you have another idea for either event we would be happy to hear it. Please get involved.



Photo from last year's Progressive ride

*(President's Letter continued next page)*

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**UPCOMING EVENTS**

**GENERAL MEETINGS**

**Thursday, September 22, 7 pm, Fire Museum.**

**FREE FECAL EGG COUNT TESTS!**

Michael Zulch and Dr. Janet Williams from Elms College will collect manure samples and talk about their Equine Microbiome Research project. "The microorganisms found in horse guts are analogous to those in humans, and the research at Elms is working to establish the benchmarks for what "normal" is. This could be helpful in human research as well." See pages 5-7 for more information and a form to fill out for each sample. Lynda and I went to the program they did for the CHC and it was really fascinating! Guests welcome! RSVP lcrvhc.org@gmail.com.

**Thursday, October 27: Making Your Own Rope Halter,** led by Theresa Kennedy, location and details TBA

**MEMBER-ONLY RIDES**

**Saturday, September 25: Pachaug**

**Sunday, October 23: Weber Woods, Clip & Ride and Mark Hunter Pace route,** contact Lynda Perry RSVP to cymaronfarm@snet.net or on the lcrvhc facebook page.

**LCRVHC/BPC WORK PARTY**

**Saturday, October 29: Hunter Pace set-up**

**HUNTER PACE**

**Sunday, October 30: Annual Fall Festival Hunter Pace.** Costumes encouraged! Poster and entry on pages 8-10.

**See calendar on last page for more!**

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**Please remember when riding at Bluff Point, Hammonasset, Chatfield Hollow, and other State Parks: These parks are busy and get a lot of non-horse-friendly use. Be considerate. Pass walkers and other trail users slowly and respectfully. Do not ride where you see NO ANIMALS or NO HORSES signs posted. The boardwalks on the Shoreline Greenway Trail in Hammonasset, for example, are not horse safe. No horses are allowed on the beach at Hammonasset from April 1 to November 1. Horses are never allowed on the beach or in the picnic area at Chatfield Pond. PLEASE remove any manure from roads, trails, and beaches in State Parks. We want to keep these areas open to equestrians!**

**On high-use trails in the state forest, please dismount and kick/scatter manure off the trail so the kids don't walk in it and track it into Mom's SUV!**

**Remove all manure from parking areas and trail heads!**

\* \* \* \* \*

*(President's Letter continued)*

**Some Recent Programs and Activities**

The work party originally scheduled for July 9 ended up being postponed until August 6, due to predicted severe thunderstorms (which totally missed us). When we did finally get out there, it was the usual crew: Chuck Sharples, Mark Leas, Kristin Elliott Leas, Tom Elliott, Dave Beaudette, and yours truly. Chuck used his trailer to haul in some stone and Kristin spread it to repair areas off Tower Hill damaged by 4-wheelers. Kristin's tractor work was so expert that Tom, Dave, and I mostly leaned on our rakes and watched. LOL. Actually, we did pick up lots of branches and saw up some larger stuff to clean up the green trail while we were out there. DEEP has positioned large rocks to hopefully block future access. Kristin found a size 0 Easy Boot Trail which I took home and washed. Calling Cinderella—If it is yours, please contact me to claim.

The Hurd Park member only ride on July 10 was a lot of fun. Nice turnout, pretty day, and a friendly low-key ride. There was a mountain bike ride going on at the same time so we had some good Share the Trail experiences. Howard Tunick led us on some trails we didn't know about. The woods in some areas were sadly devastated by gypsy worms. After the ride Karen Gallo cooked hotdogs to share. See photos page 3.

Our annual summer picnic was held July 28 at Karen Gallo's home in Guilford. Her yard and pool were lovely, just perfect for a hot summer night. Karen gave me a break and did all the shopping and set up, and then would not let the club reimburse her. Karen, thank you for your extreme generosity. I didn't take any pictures.

The mounted games day planned for August was postponed once, due to extreme heat and humidity, then had to be cancelled due to a family emergency. Maybe we will try again next summer.

On August 27 there were 5 of us at the member only ride at Machimoodus. Marylou and Doug Millet, Lynda Perry, Karen Gallo, and myself. It was a gorgeous day. We had a really nice ride. See photos page 4.

Please see the Upcoming Events box on the first page and the Calendar on the last page for more activities. We are looking for ideas for the 2017 calendar!

I hope to see you soon.

Melissa

**LCRVHC Board**

- President: Melissa Evarts
- Vice-president: Chuck Sharples
- Treasurer: Lynda Perry
- Membership secretary: Alyce Mallek
- At-large: Emma Saunders
- At-large: Lynette Burns

**BPC Board**

- President: Chuck Sharples
- Vice-president: Kristin Elliott Leas
- Treasurer: Dave Beaudette
- Secretary: Marlisa Simonson
- At-large: Tom Elliott
- At-large: Nancy Palermo-Lee

# Hurd Park Member Only Ride



# Machimoodus Member Only Ride



## Content Wanted for Newsletter

Let us know what you are doing with your horse. Write a Meet the Member Bio of yourself or a friend. Send pictures of your horse, your adventures or show results, links to articles, tack picks, barn tips, whatever you want to share. E-mail [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com).

LCRVHC members,  
please join us at the general meeting on September 22 as we discuss

# What's the Scoop on Poop?



Research conducted at Elms College in Chicopee, MA to understand the microbes that keep horses moving.

In appreciation for participating in this program we are offering

## Free Fecal Egg Counts

for sample submissions. (see details below)

### Beneficial Bacteria?

To some this may sound strange, however, there is a growing number of people within and beyond the science community who have realized that **most bacteria are healthy** counterparts to people as well as horses. In fact, we rely on these these bacteria to keep our bodies and immune systems strong. Just as every horse is unique, the different populations of bacteria are unique too. At Elms College, we want to understand the affect that the collection of these bacteria



have on the horse, and to do that we need your help(and your horse's poop). Come see this program presented by Dr. Janet Williams and Michael Zulch to learn more about our efforts to answer the question **what's the scoop on poop?** We encourage you to participate by bringing a fecal sample from your horse and "donating" it to be a part of our work. We will share with you what questions we have, how we plan to answer those questions, and demonstrate for you how we do a fecal egg count. We will have a fun time and at the end we will take questions. Hope to see you there!

### Submitting a Fecal Sample

If you would like to participate in the sample donation and receive a complimentary fecal egg count, here are the instructions.

- **Collect a sample-** to do this we recommend inverting a ziplock sandwich bag and picking a sample of feces a little bigger than the size of a golf ball. Remember, it is extremely important that you label the bag. We would appreciate it if you could simply use a marker to write your last name and the horses name on the bag. If you have the ability to chill the sample we would also appreciate that as well- we recommend putting the sample bag into a bigger gallon ziplock bag with some ice.
- **Submitting the sample** at the event we will be handle the sample collection first. In order for us to be able to incorporate the sample into our research we will need to collect some information about the horse. We will do this on a form which will be available at the event. Please know that any information shared with us will be kept confidential and not distributed to anyone.
- **Speeding things up** if you would like to fill out the form ahead of time please do so by going to this website: <https://goo.gl/forms/XnltRfzRtaOFG1nh2> or filling out the attached form
- **Questions?** Contact Michael Zulch at [zulchm@student.elms.edu](mailto:zulchm@student.elms.edu)

Elms College  
Equine Microbiome Research  
291 Springfield Street  
Chicopee, Massachusetts 01013  
ElmsBioResearch@gmail.com



# Horse Registration

## OWNER'S INFORMATION

*Items Marked with an Asterisk are required; items without are not but strongly desired.*

Name\* \_\_\_\_\_

Email Address\* \_\_\_\_\_

And/Or

Telephone Number \_\_\_\_\_

Are you interested in receiving infrequent Email updates on the progression of our project, results, and papers?

**YES, Sign me up!**

**No, Thanks**

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

## HORSE'S INFORMATION (Please be as specific as you can)

Name of Horse \_\_\_\_\_ Breed \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_ Height \_\_\_\_\_

Build (Slim, Stocky, Athletic, Rotund, etc.) \_\_\_\_\_ Approximate Weight \_\_\_\_\_

Location: Town \_\_\_\_\_ State \_\_\_\_\_ Length of Ownership \_\_\_\_\_

Is your horse Stabled, Pastured, or Both? \_\_\_\_\_

Please explain his feeding regimen.

Grain(Brand and Amount)	Supplements	Hay(1st or 2nd cutting grass or legume and amount)	Pasture(Lush grass, clover , little grass)

OVER PLEASE

Please describe any illnesses if they have been treated and the approximate dates of illness and treatment

When was the horse last dewormed and what was medication used?(i.e. Ivermectin, Fenbendazole)

When was the last time the horse had its teeth floated?

Veterinary Interventions in the past 2-3 years(Vaccines, Antibiotics, Antimicrobial) **VERY IMPORTANT**

How many hours does your horse work a day? Describe what kind of work your horse does

Does your horse indulge in eating its feces or other feces?

Does your horse stable away for competitions or events?

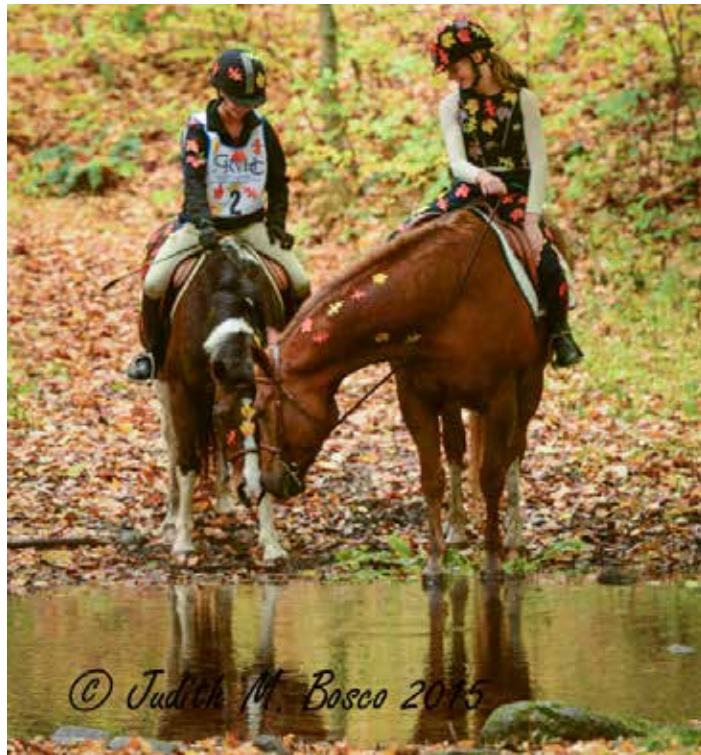
Is there any other information you might want to share about your horse?

THANK YOU



# Fall Festival Hunter Pace

## Sunday, October 30, 2016



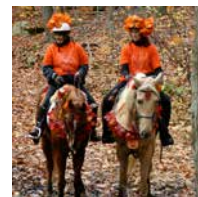
Weber Woods section of Cockaponset State Forest  
Starts from 98 Stevenstown Road  
Deep River, CT 06417  
Ride starts at 9:00 am  
Entry forms & info at [www.lcrvhc.org](http://www.lcrvhc.org)  
For additional info  
860-664-0142 or [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)





## FALL FESTIVAL HUNTER PACE

Sunday, October 30, 2016



*Prizes for Best Costumes!*

**TIME & PLACE:** *NOTE: All trailers park in one location. No road crossings!*

**98 Stevenstown Rd., Deep River, CT 06417. Ride starts at 9:00 am**

*Check in starts 8:30 am. Must be checked in and on trail before 10:30 am to be included in placings.*

**COURSE:** Trails through Weber Woods section of Cockaponset State Forest. ~9 miles.  
Terrain is varied: Open fields, flat stretches through the woods and a few hills. Jump course is optional.

**TEAMS:** 2 (max. 3) riders per team. If you are alone we will try to match you up with another rider.

**DIVISIONS:** Hunters (timed, competitive riders) and Hackers (timed, leisurely riders).  
All riding disciplines welcome. Please indicate on the entry form which division you are entering.

The winning team in each division will be the team that completes the course closest to the perfect "fox-hunting" time as predetermined by officials. Places first through sixth get ribbons. A prize will be given for the best costume.

**SAFETY:** Safety helmets and footwear with heels are required! Chin strap required. Horses must be sound, and all equipment must be in good repair. A safety check will be made prior to the ride.

If tack and mount are considered unsafe, the entry fee will be refunded (less \$12).

**DIRECTIONS:** From I-95 Take exit 64, Rt. 145/Horsehill Rd. exit. Go north onto 145. Go 4.0 miles and turn **LEFT** (other side from past years) into driveway. Look for signs and drive to parking areas.

From Rt. 80 Head South onto Rt. 145/ Stevenstown Rd. Go 0.4 miles and turn **RIGHT** (other side from past years) into driveway. Look for signs and drive to parking area.

**ENTRY INFO:** Deadline for entry is **Oct. 26, 2014**. **Entry fee is \$45** (\$40.00 for LCRVHC members).

**Entries will be accepted from Oct. 26 - 30 if space is available at \$55** (\$50.00 for LCRVHC members).

Checks (made out to LCRVHC) must accompany the entry form.

*\$12.00 not refundable. We have a commitment to the caterers in advance of the event.*

Rain date will only be used if severe storms are predicted a few days in advance.

**For more info call 860 664-0142 or email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com)**

*Entry forms are also available at [www.lcrvhc.org](http://www.lcrvhc.org).*

A negative Coggins and Rabies certificate are required. Please include with your entry form.

**FOOD:** Lunch is included in entry fee.  
Indicate choice of sandwich on entry form.



*Please send in the entry form on the next page*

# 2016 LCRVHC Fall Hunter Pace Team Members Entry Form

<b>Team #</b>
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Send this entry form, check (made out to LCRVHC), rabies certificate, and negative coggins to:  
**Melissa Evarts, 24 River Road, Clinton CT 06413**

Team Name:	__ Hunter __ Hack	Payment amount included: \$ _____
Rider 1 Name:	Rider 2 Name:	Rider 3 Name:
Horse Name:	Horse Name:	Horse Name:
Address:	Address:	Address:
City:	City:	City:
State:      Zip:	State:      Zip:	State:      Zip:
Telephone:	Telephone:	Telephone:
Email:	Email:	Email:
Sandwich Choice: __ Turkey __ Roast Beef __ Veggie	Sandwich Choice: __ Turkey __ Roast Beef __ Veggie	Sandwich Choice: __ Turkey __ Roast Beef __ Veggie

**Release and Waiver of Liability Agreement** \*Pursuant to the Connecticut House Bill No.6357 Public Act No. 93286, I acknowledge the inherent risks involved in riding, working around or being in close proximity to horses, which risks include bodily injury to either horse or person. By signing this release and waiver, I understand that I am giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the Lower Connecticut River Valley Horsemen's Club, Inc. (hereafter referred to as LCRVHC) including but not limited to the officers, members, participants, volunteers, and landowners for any injuries or damage which I or my family might sustain while horseback riding, or attending/participating in this LCRVHC event. I am also giving up (waiving or releasing) any right I have to sue or make any claim which I might have or which might subsequently arise or occur against the LCRVHC including but not limited to the officers, members, participants and landowners for any injuries or damage which my property or property in my possession might sustain while I am horseback riding, or at- tending/participating in this LCRVHC event. It is my intent to give up the rights provided by law and release the LCRVHC including but not limited to it's officers, members, participants, volunteers and landowners, (the release's) from all claims for bodily injury, death or property damage, including without limitation, claims arising in whole or in part from the release's own negligence. I do so knowingly and voluntarily. I further agree to pay all legal fees, if any are incurred. \*I also understand that the landowners of the land on which we travel, park, cross or prepare or wait for any part of the event, receive no part of the fees charged for this event and that they are not paid by the LCRVHC for the use of their land. \*This release and waiver of liability claim has been read carefully and clearly represents my intent by signing it. If rider is a minor (under 18 years of age) parent must sign

***MUST be signed by Rider(s) or by Parent or legal Guardian if under 18.***

*I have read and agree to the Release and Waiver of Liability Agreement*

**Signature 1:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

**Signature 2:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

**Signature 3:** \_\_\_\_\_ **Date:** \_\_\_\_\_ Minor [ ]

***Internal Club Use Only***

Number of Riders: [ ] 1 [ ] 2 [ ] 3

	Name 1:	Name 2:	Name 3:
Payment: Total \$	\$      Check #	\$      Check #	\$      Check #
Entry Form Release (s) Signed:	[ ]	[ ]	[ ]
Current Coggins Form	[ ]	[ ]	[ ]
Current Rabies Form	[ ]	[ ]	[ ]

# Bridle Path Conservancy News

The BPC continues its work to maintain and enhance the Quinimay Trail through volunteer efforts at both the southern and northern ends of the existing trail. If you would like to volunteer a little time to test walk/ride the proposed trail extensions and do some light clipping along your way, please contact Kristin Elliott (southern section, Westbrook) or Chuck Sharples (northern section, Higganum).

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## A Friendly Reminder

The BPC is a non-member organization dependent on LCRVHC for manpower and inspiration! It is basically still LCRVHC's trails committee! We maintain the trails in Weber Woods and the Quinimay Trail. The hunter pace which LCRVHC holds in Weber Woods each year pays the riding club's annual operating expenses. If you can't make it to an official work party maybe you can take a walk and toss some branches and rocks off the trail. Hours spent in Weber Woods or on the Quinimay trail can and should be logged as Adopt a Park time. Wear your badges. You may report your time to Chuck Sharples. We would all rather be out riding but please bear in mind that it takes a lot of hours of political action with the state and towns to prioritize open space and the work to maintain the trails is never ending. Please join us in our efforts. Thank you!

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## LCRVHC/BPC 2016 Calendar

Please think about the 2016 calendar. If you are interested in hosting a MO ride please contact Lynda Perry (cymaronfarm@snet.net). If you have an idea for a program or activity, a topic you would like to learn about or a skill to share, please e-mail [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com) or contact any board member. Meetings are at the Fire Museum behind 21 Copse Road, Madison, unless otherwise specified. It is always fun to go other places. LCRVHC has a Facebook page for member-only rides <https://www.facebook.com/lcrvhc>. Check it out! Note that Lynda has chosen a mix of Saturday and Sunday dates for rides this year to try and accommodate more schedules.

### September

11: Lord Creek Hunter Pace  
22: General Meeting, 7 pm, Mike Zulch, Equine Microbiome Research Project, Fire Museum, see page 1 and 2 for details  
25: MO Ride, Pachaug, contact Lynda Perry  
\_\_: LCRVHC/BPC Work Party

### October

6: BOD Meeting, 7 pm, if needed, location TBA  
23: MO Ride, Weber Woods, Clip & Ride and Mark Hunter Pace route, contact Lynda Perry  
27: General Meeting, Making Your Own Rope Halter, led by Theresa Kennedy, location and details TBA  
29: LCRVHC/BPC Work Party, Hunter Pace set up  
30: LCRVHC Fall Festival Hunter Pace

### November

No BOD Meeting  
10-13: Equine Affair  
13: MO Ride, Chatfield Hollow, Chili Ride, hosts Sue Davenport and Emmy Pavelka (RSVP [S1Davenport@comcast.net](mailto:S1Davenport@comcast.net))  
No general meeting, Thanksgiving  
\_\_: LCRVHC/BPC Work Party

### December

No BOD Meeting  
No General Meeting, Merry Christmas and Happy New Year  
\_\_: **Christmas Progressive Ride, need hosts and location. Email [lcrvhc.org@gmail.com](mailto:lcrvhc.org@gmail.com).**

### January

\_\_: **Holiday Party, need host and location**

**FOR SALE** TRAIL-LET 2 horse straight load trailer w/ramp. Park Avenue model. 1 owner. Silver & black. Good condition, 860-663-2737, cell 860-575-7163